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Mission:

To ensure that all young people in Mississippi have access to highquality sex education and youthfriendly healthcare services.

Vision:

We hold before us the vision of healthier communities where young people have access to essential knowledge, skills, resources, and support so they may grow into healthy adults and move communities forward.



everyone benefits!

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Letter from the Executive Director

Dear THMS Supporters,

I'm reminded that for many families in Mississippi, this year has brought heartaches as well as a range of physical and emotional challenges, particularly in the wake of a global pandemic. For rural youth who lack access to resources and information about health and healthcare (including sexual and reproductive health, mental health, and youth-friendly healthcare), the impact of COVID-19 has only exacerbated an already tenuous situation. Simply put, our youth are in a race for their lives!

This year's circumstances has only strengthened THMS's resolve for supporting youth in our state.

One way we're supporting communities is by bringing our course offerings to a virtual space. Our facilitators spent months mastering the art of engaging audiences in virtual and in-person spaces. And guess what? We're seeing trusted adults access information and resources from communities that have previously not had access to that information. In



addition, our youth reached over 1 million individuals on our social media platforms through their posting of mental health and sexual health videos and other resources. The increase in participants and social media engagers is indicative of two key points: 1) our communities desperately need information and 2) we're answering the call!

Our work is by no means a sprint; it's a marathon. Join us in helping our youth run and win the race for their lives!

In unity,

Hope L Crenshaw, PhD

Letter from Youth Partner

With this being my second year of being a part of Teen Health Mississippi with the ME. Project, I have been given this opportunity to gain helpful information and resources to help teens in my area locally and throughout the state.

The project and Teen Health Mississippi value youth influencers' ideas and employ them into content to show how much they care about helping teenagers throughout the state. As a youth influencer on the ME project, which aims to help teens with sexual, mental, emotional, and reproductive health, this project has heavily impacted other young people and me by giving us a platform to help other young people with issues they may be



Kavla Smith

facing and helping them feel more empowered, educated, and less alone.

I have gained excellent communication, leadership, collaboration, and accountability skills as part of this project. I plan to use these skills and experiences gained from the project in my future academic endeavors and career. I have learned how sexual education and resources and programs are not easily accessible for teens throughout Mississippi. This information encouraged me to advocate for sex education in schools and more affordable and accessible resources and programs for teenagers locally.

Testimonials

"We are addressing a very serious challenge here in the state of Mississippi. There are so many educators who've talked about high teen birth rates and high STD rates in the state, and we're actually working to solve that problem by providing information and education to young people by providing youth-friendly healthcare, by working on making health centers more youthfriendly and by doing a better job of providing services to young people. So just being able to see the impact when you think of the dozens and dozens of teachers who've been educated, that really means a lot."

> Sanford Johnson THMS Board Member

"Working with Teen Health Mississippi and Project Mind Elevation has impacted my life in so many ways. Not only have I got to meet new people who know so much about the programs and the information that we work with, but I've also gotten to spread the knowledge that I learned to people my age to better our community as a whole."

> **Kavle Amos** Youth Partner

"THMS helped me to love myself and to understand my worth. Recognizing that I have the power of choice when it comes to my health and that my voice matters when talking to my doctors and my partners."

"The (Emergency Relief Fund) impacted our work at a time when we could not imagine how to provide for the young people. The funds allowed us to be effective to give comfort and support to 33 young people at a time when they were in a state of not knowing what was happening, how they would be cared for. Money was not coming in. All of the Reservation was totally closed."

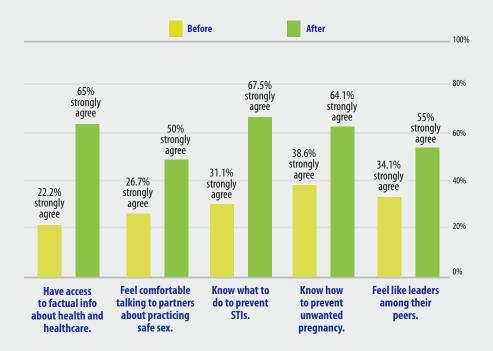
> Patricia Battle Administrator for the Mississippi United Methodist Choctaw Mission



Youth Satisfaction Survey

We're changing health outcomes and outlooks for young people.

Recently, we polled our youth partners to determine their overall satisfaction with our youth programs. Here are some statistics for before and after these youth joined one of our youth programs.















200 SEX-ED PETITION GNATURES

YAN Youth Action Network

N 2000

YOUTH-FRIENDLY HEALTHCARE

- 43 MINORS RIGHTS AND CONFIDENTIALITY RESOURCE GUIDES DOWNLOADS
- 95 HEALTHCARE PROVIDERS TRAINED ON YOUTH-FRIENDLY HEALTHCARE



20 SCHOOL DISTRICTS IMPLEMENTED CHART CURRICULUM

3 HAVE ADOPTED K5 CURRICULUM

TRAINING

- 251 TRUSTED ADULTS TRAINED
- 22 TRUSTED ADULTS TRAINED ON YOUTH MENTAL HEALTH FIRST AID

LINKED UP

1,046 RESOURCE GUIDES DISSEMINATED IN MISSISSIPPI

> SCHOOLS IN MISSISSIPPI O ARE LINKEDUP PARTNERS

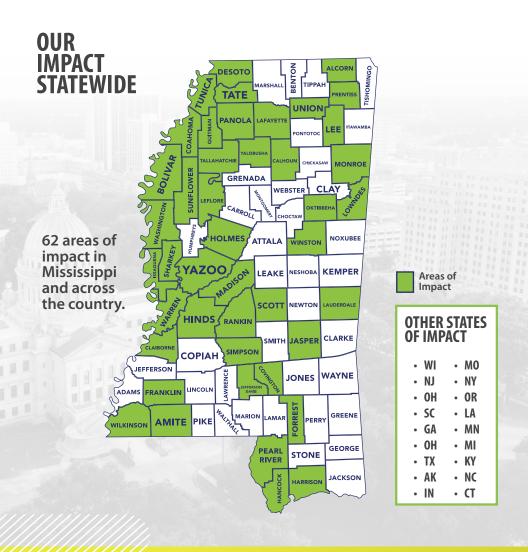


672 PAGE VIEWS 866 FILTER CLICKS 731 METHOD CARD CLICKS 3,056 SOCIAL MEDIA REACH



,112 RESOURCE GUIDES DISSEMINATED IN MISSISSIPPI

101 TRUSTED ADULTS TRAINED ON WORKING WITH EXPECTANT AND PARENTING YOUTH





Social Media Reach

(January 1-November 2, 2021): 1,368,153

10,709 youth reached through THMS programs over the last year



Hope Crenshaw Executive Director

Josh McCawley Deputy Director

Kimberly Massey **Director of Operations**

Amber Helsel Director of Communications

Whitney French Director of Healthcare and Community Engagement Patrina Williams Director of Education and Training

Anupria Davenport Director of Mental Health Initiatives

Alexis Hicks Director of Youth Engagement and Advocacy

Mariaha Amos Project Mind Elevation Coordinator

FINANCIALS

See our FY21 financial information at https://teenhealthms.org/about-us/history/

THANK YOU



Thank you to our 2021 donors!

Our work would not be possible without you. Interested in donating or getting involved in our work? Scan the QR code.







125 S. Congress St., Ste 1330 Jackson, MS 39201 124 East Second St. Clarksdale, MS 38614

teenhealthms.org

(601) 487-1228

contact@teenhealthms.org